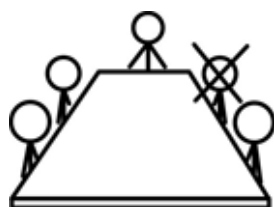


**Rutland Learning Disability Partnership Board**  
**Notes of Meeting held on Thursday 27 March 2013**



**Present - Who came to the Meeting**

Vicky Todd	RCC Head of Service, Inclusion
Jonathan van den Broek	Self Advocate
Daniel Billsdon	Self Advocate
Jane Barker	Self Advocate
Caroline Heath	Self Advocate
Lorna Earle	Self Advocate
Michael Gidlow	Self Advocate
Joshua Price	Self Advocate
Doreen Cox	Self Advocate
Victoria Capell	Self Advocate
David Denning	Self Advocate
Amy McQuire	Self Advocate
Heather Nilson	Self Advocate
Jean Heath	Parent
Tracey Gilbert	Ash Cottage Support Worker
Chris Kerr	Ash Cottage Support Worker
Janice Foster	The Lodge Trust Support Worker
Madeline Francis	The Lodge Trust Support Worker
Angie Dalby	Rutwel Support Worker
Debbie Martin	Rutwel Support Worker
Carol Skinner	RCC Inclusion Dev. Worker LD
Emmajane Perkins	RCC Team 4 Manager
Glynn Attiwell	Inclusion Development Employment
Julie Bailey	Mosaic Advocacy Services
Michelle Cumbley	RHCT Waterside Lodge Manager
Jacqui Price	Rutland Parent Carer Voice
Kevin Lakey	RCC LD Social Worker
Kim Sorsky	RCC Transition & Complex Cases
Linda Wylie	RCC Adult Learning
Jane Parr	Leicestershire Partnership Trust
Helen Gardner	Melton Mencap Development Officer
Amelia Boulton	Primary Care Liaison Nurse LD
Jen Thornton	RCC Team 1 Manager
Barbara Pickering	RCC Team Assistant (note taker)



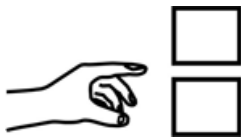
**Apologies - Who could not come to the meeting**

Sam Screaton	LD Health Facilitator
Linda Evans	Community Nurse LD
Lesley Green	Learning Disability Register
Peter Smith	Self Advocate
Terry Smith	Parent
Marenda Campling	RCC LD Social Worker



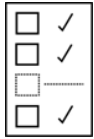
**1. Introductions and welcome**

Vicky welcomed people to the meeting.  
 She introduced Jonathan who was co-chair for the meeting.  
 Everyone in turn said their name and where they came from.



## 2. Making sure we understand what is said

Jonathan told everyone that it is important to use words that are easy to understand. He reminded people to use the yellow cards.



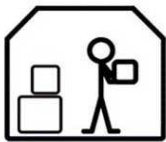
## 3. What was said at the last meeting

We looked at the notes written after the last meeting held in January 2013. Everyone agreed this is what was said.



## 4. Updates

**Keeping Safe Sub Group:** Carol told us that Tish Barnwell talked about road safety at the last meeting on 13<sup>th</sup> March. The next meeting on 15<sup>th</sup> June at 2.15 pm is about Stranger Awareness.



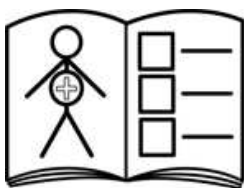
Work

**Employment:** Glynn told us the Shed Café will be re-opening on 10<sup>th</sup> April for Wednesday lunchtime drinks and snacks. They are looking for more volunteers to help. Anyone interested should contact Glynn or Carol.

**Advocacy:** Julie said that 12 people have shown interest in joining a self advocacy group. The group will talk about what training people want and how to develop skills.



Julie has been to different meetings such as Better Health and Speaking Up For Health. She and Chayne have been to visit the diabetes clinic at the Leicester General Hospital. The professor of the clinic has asked if they would like to do more work with them.

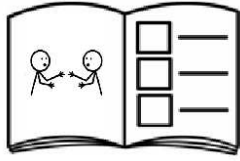


**Person Centred Planning Sub Group and Better Health Sub Group:** these were discussed as separate items in the agenda. Please see items 6 and 10 below.



## 5. Communication for people with profound and multiple learning disabilities

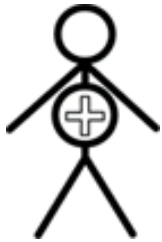
Jane Parr is a Speech and Language Therapist. She told us they have put together some guidelines to help services to involve people with profound and multiple learning disabilities. They have a plan to help services use the guidelines.



The guidelines are part of a pack about this subject. Rutland County Council has bought copies of the pack. Please ask Vicky or Emmajane if you would like a copy.

There is more information on our Partnership Board website: *Rutlandpartnershipboard4u.net*.

Carol reminded people that Communication Passport Training is taking place on Tuesday 9<sup>th</sup> April. There are still some places available.



## 6. Better Health Group Action Plan

Amelia Bolton is a Primary Care Liaison Nurse. She works with GP surgeries to make it easier for people with learning disabilities to go to their GP.

Amelia gave a presentation about their 2013 Action Plan. There are 7 action points in the Plan. All the information is on our Partnership Board website: *Rutlandpartnershipboard4u.net*



Amelia told us more about one of the action points. This is to get the best care possible for people who have Dementia, Diabetes and Chronic Obstructive Pulmonary Disease (a disease that makes it hard for people to breathe). There is a lead nurse for each of these illnesses and Amelia said they would be happy to come to our Board and tell us more if we want.



Jane Parr said that sometimes people with learning disabilities live shorter lives than other people. The Department of Health provided money for the University of Bristol to study this. You can see their report on a website. Its called a 'Confidential inquiry into premature deaths of people with learning disabilities' (CIPOLD) and the website is: <http://www.bris.ac.uk/cipold/>

There is an Easy Read version too.



## 7. Mencap Bronze Gateway Awards

Sue Mulligan talked about the awards which give people a chance to try new things and have fun doing it. She showed us pictures of people working towards their awards by trying new things such as:

- Hobbies
- Fitness
- Lifestyle
- Volunteering
- The Gateway challenge

There is more information on Mencap's website:

[www.mencap.org.uk/gatewayaward](http://www.mencap.org.uk/gatewayaward).

If you would like a copy of the Easy Read brochure please contact Sue ([Suemulligan.mencap@gmail.com](mailto:Suemulligan.mencap@gmail.com)).

## 8. Community Craft Work at Rutwell

Linda Wylie told us that five craft sessions have been held over five months and the feedback was very good. People had enjoyed learning new skills and had made some lovely craft items like jewellery, decorations and knitted things. Linda showed us pictures. Some people had gone on to join groups outside Rutwell, like Knit-and-Natter.

The group will be starting up again after Easter. Linda has ideas for more craft work and hopes to link the activities into an award.

Linda left some Adult Learning brochures. If you would like a copy or more information please contact Linda. ([LWylie@rutland.gov.uk](mailto:LWylie@rutland.gov.uk)).



## 9. Aiming High Short Breaks

Jen Thornton told us about new arrangements to provide short breaks for young people with disabilities or difficulties between the ages of 5 and 25. The new plan says who is able to use this service, what support they can have, and how the costs will be calculated.




If you would like information please contact the Aiming High Team, tele 01572 722577. Or you can visit the Aiming High part of Rutland County Council's website.



## 10. PCP Sub-group

Carol said that not many people had been attending these sub-group meetings in the last 3 months. She asked people to think about why this is.



	<ul style="list-style-type: none"> <li>▪ Is there still a need for this group to meet?</li> <li>▪ If so, how can we make them better so more self advocates want to attend?</li> </ul> <p>We will talk about this again at the next Partnership Board meeting.</p>
	<p><b>11. Rutland Partnership Board Plan for 2013</b></p> <p>Vicky suggested that a small group of people might like to meet outside the Partnership Board to talk about the 2013 Plan.</p> <p>If anyone would like to volunteer to be part of this group (there would be perhaps 2 meetings) please contact Vicky.</p>
	<p><b>12. Any Other Business</b></p> <p>Jacqui Price told us that Rutland Parent Care Voice are working with 3 GP surgeries who have agreed to meet with parents to talk about making things better.</p> <p>For example, the parents would like to organise a better way of arranging visits to the GP for some children who are not happy to sit in the waiting room.</p> <p>Jacqui will tell us what happened at the next meeting.</p> <p>Vicky said it might be useful for Jacqui to make contact with Sam Screamon or Amelia Bolton from Health who are working with GPs too. Jane Parr reminded everyone that the law says everyone must be able to access services.</p>
	<p><b>13. Next Meeting</b></p> <p>This will be on Thursday 6<sup>th</sup> June 2013 at 10 am.</p>

