

Autism





In 2009 a new law called the Autism Act gave adults with autism the right to get services they need.

In 2010 the Government wrote a plan for adults with autism in England.

It was called **Fulfilling and Rewarding Lives**.

The plan told everyone how to follow the new law.



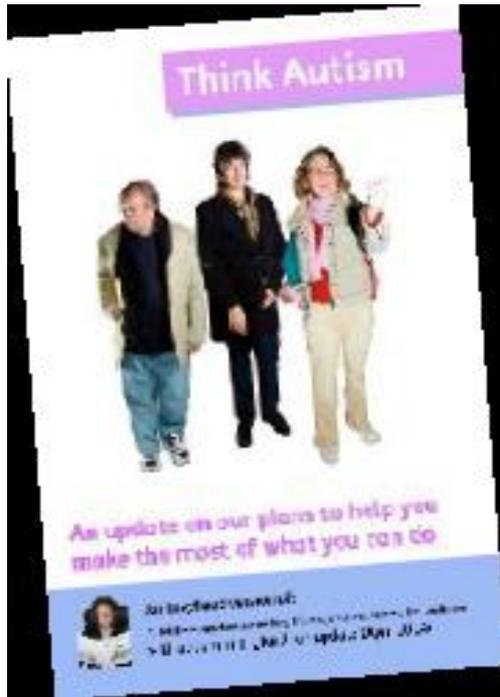
The Government said they would check the plan in 2014 to see what has changed for adults with autism.

Think Autism

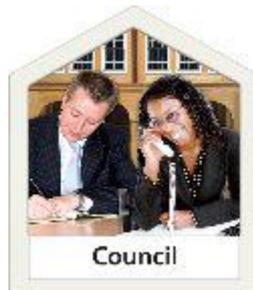
An update on the Fulfilling and rewarding Lives, The strategy for adults with autism in England, (April 2014)



The Department of Health worked with other Government Departments to write this paper.



This paper is about the 15 things that will help everyone think about autism.



local areas check if they are following the law about autism and the Government's plan

**Giving adults with autism and
their families the best care and
support**

**Some rules for the NHS and local
councils**



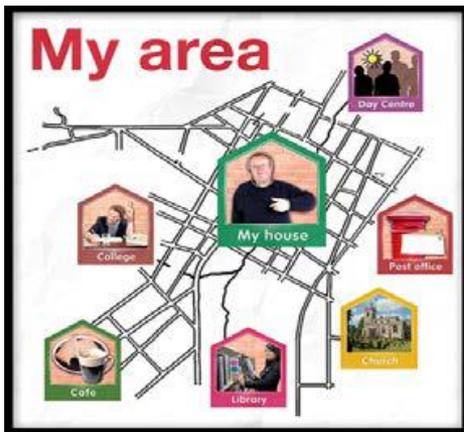
Statutory guidance for
Local Authorities and the
NHS on the Adult Autism
Strategy.



Autism Self-Assessment

March 2015





What's it all about?

The Autism Self-Assessment

Helps areas to check what they are doing to support people with autism and their families:

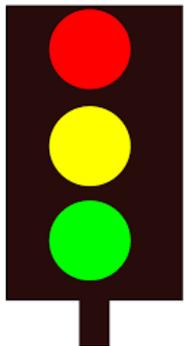
- Have the same life chances as other people, such as having a job or finding somewhere to live
- Receive good access to health services

Autism Self-Assessment scoring



Some questions asked us to answer yes or no

Some questions asked us to use traffic light colours to say how well we are doing



Red means that we have a lot of work to do on something



Amber means that there is some good work but more is needed



Green means we are doing really well

How well are we doing?

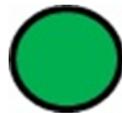
The scores are:



we have a lot of work to do in 3 areas of work



there is some good work but more is needed in 9 areas of work



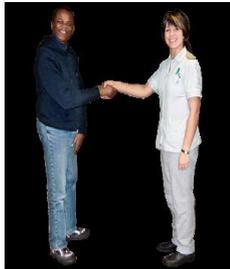
we are doing really well in 12 areas of work

Areas we are doing really well

GREEN



- Having a big plan for services (this is called the Joint Strategic Needs Assessment)



- Working together with Clinical Commissioning Group, Leicestershire Partnership Trust and other Local Authorities- we hold Autism strategy Group meetings



- Planning together with service users and carers



- Preparing for adulthood-a transitions process for people moving from children's to adult services

Areas we are doing really well

GREEN



- Diagnostic pathway -an agreed way for people to get a diagnosis of autism



- Advocacy - adults with autism who do not understand about needs assessments and support planning are able to have an advocate



- Providing Information for people with autism



- Working together with the Police



- Carers of people with autism are offered an assessment

Autism Care Pathway



- Leicester City, Leicestershire and Rutland health and social care have produced an Autism support plan for Children, Transition and Adults.

http://www.leicspart.nhs.uk/_OurServicesAZ-AutismCarePathway.aspx

Areas that there is some good work but more is needed

AMBER



- Information and data quality We get data from education, children's and Adult Social Care. CCGs also collect data about people they know. We know there are gaps in the recording



- Reasonable adjustments to Council services and public services



- We need to know more about older people with autism



- Autism awareness training for all health and social care staff on their approach, communication skills and how to assess people's needs

Areas that there is some good work but more is needed AMBER



- Housing and accommodation – range of housing options available



- Support to find Employment – more autism awareness training to be delivered to employers

Areas we have a lot of work to do

Red



- Sharing information and awareness raising for the courts, prison and probation services

- Helping to get psychology support



- Helping to get speech and language support

- Helping to get to Occupational Therapy support



- We need to know more about women with autism

The future – things we will plan to make better in Leics, City and Rutland

- We find it difficult to collect information from different organisations and compare this information. We need to get better at recording and being able to analyse data and information from partners
- Make sure there is a range of support services available for everyone after they have had a diagnosis - Post diagnostic support in Adult Mental Health services. Professionals are looking at how they can do this as there is no service at the moment.
- Understand how autism affects different groups of people e.g.: women, older people and people from different Black and Minority Ethnic groups
- Improve knowledge and understanding of the autism support needs within the criminal Justice System e.g., probation, courts and prisons
- We will put how we will make improvements into our plans, this is called the Autism Strategy Delivery Action Plan.